

Sunday Morning Torture  
 Start at Hopkinton State Park  
 Hopkinton, MA

Mileage	<b>Hopkinton</b>	--	<b>Hopkinton</b>
--	<b>R</b> on on Cedar St. (unmarked) (Rt 85)	--	West Union becomes East Main St. in Hopkinton
	<b>Southborough</b>	18.4	<b>R</b> at lights on Cedar St. (Rt 85)
.4	<b>L</b> at lights on Southville Rd.	20.7	<b>R</b> at Hopkinton State Park <b>FINISH</b>
--	<b>Westborough</b>		<b>Lunch!!!</b>
--	Southville turns into Flanders Rd. in Westborough		
3.5	<b>L</b> to stay on Flanders Rd.		
4.7	<b>R</b> on East Main St. (unmarked) (Rt 30 East)		
--	<b>Southborough</b>		
--	East Main turns into Main St. in Southborough		
9.1	<b>Straight</b> at lights at intersection of Rt 30 / Rt 85 (stay on Rt 30)		
9.4	<b>Straight</b> across railroad tracks		
--	<b>R</b> on Boston Rd. (unmarked) (stay on Rt 30)		
9.9	<b>R</b> at lights to stay on Boston Rd. (stay on Rt 30)		
10.2	<b>R</b> at lights on Central St.		
10.7	<b>Straight</b> at lights across Rt 9 to Oak Hill Rd. St. <b>(Be very careful at this intersection)</b>		
--	<b>Ashland</b>		
--	Oak Hill Rd. turns into Oak St.		
12.8	<b>L</b> on Cordaville Rd.		
13.6	<b>L</b> on Pleasant St. (unmarked, intersection with High St.)		
14.3	<b>R</b> at lights on Main St. (unmarked)		
14.7	<b>R</b> at lights on Union St.(Rt. 135 West)		
--	Union St. turns into West Union		